

AR  
 Armorel Elementary School (ARMOREL SCHOOL DISTRICT)  
 P.O. BOX 99  
 ARMOREL AR 72310  
 870-763-5600

**Health and Wellness School Improvement Priority**

**Hint**

**Section I: School Information**

<b>School Name:</b>	Armorel Elementary School
<b>School LEA Number:</b>	4701-001

**School Year: 2017-2018**

**Section II: Needs Assessment**

**School Health Index Assessment**

Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online you must provide a Reference Number.

<b>Reference Number:</b>	
--------------------------	--

**Reviewer Comments:**

**Body Mass Index (BMI)**

<input checked="" type="checkbox"/>	<b>The school can verify the analysis of the School Level Body Mass Index screening data conclusions.</b>
-------------------------------------	---

**Description/Conclusion**

All student BMI information is conducted and recorded into the eSchool system by Nurse Jennifer Whitehead. Reports are printed and given to parents of each student. For the 2016-17 school year there was a total enrollment of 247 in the school, and 139 in grades for which BMI assessments are required (K, 2, 4, 6, 8, or 10). BMI was assessed for 135 students.

Overall, BMI classification results for Armored Elementary School show:

- approximately 12.6% of all children measured were in the OVERWEIGHT category, and
- approximately 19.3% of all children measured were identified as OBESE.

**Other health and wellness related data** (Optional)

**Description/Conclusion**

**Reviewer Comments:**

**Section III: Health and Wellness Goals**

**(Provide a detailed description of each required activity)**

Indicate the LEA's compliance with the following Act 1220 requirements:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
- The LEA will ensure that the district policy is in compliance with state and federal mandates.

**Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students?** {Requirements: see 1 required activity.}

**Goal 1 Measurable Objective**

The Nutrition supervisor copies and distributes breakfast and lunch menus to each student indicating planned meals for the upcoming month. The menu is also posted on the District website. Students are taught about nutrition and health in classrooms.

**Goal 1**

Activity	Person Responsible	Timeline
Publicized menus	Tina Byrd	monthly
Lesson plans	Joey Carr	weekly

**Reviewer Comments:**

---

**Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students?** {Requirements: see 2 required activities.}

---

**Goal 2 Measurable Objective**

Each student is scheduled to attend Physical Education for a minimum of 45 minutes per week and Physical Activity for a minimum of 20 minutes per day. The elementary PE teacher will submit lesson plans indicating planned activities that will incorporate Fitness and health standards for each class.

---

**Goal 2**

Activity	Person Responsible	Timeline
Scheduled time for physical activities	Joey Carr	Weekly
Planned PE curriculum	Joey Carr	Weekly

---

**Reviewer Comments:**

---

**Goal 3: How will the LEA provide professional development for school staff on nutrition and physical activity?** {Requirements: see 1 required activity.}

---

**Goal 3 Measurable Objective**

Administration and staff will recognize signs for student health needs.

---

**Goal 3**

Activity	Person Responsible	Timeline
Professional Development provided by school nurse regarding health plans, BMI, nutrition, etc.	Joey Carr, Jennifer Whitehead	Fall 2017

---

**Reviewer Comments:**

---

**Goal 4: (Optional) How does the school address other health disparities trending among**

students identified from the Needs Assessment?

---

**Goal 4 Measurable Objective**

---

**Goal 4**

Activity	Person Responsible	Timeline

---

**Reviewer Comments:**

---

**Reviewer Response:**

ADE Reviewed

---

**Reviewer Comments:**

The School Health Index Plan for Improvement should be uploaded with the Overall Scorecard. - ALH 10/05/17

1. A current School Health Index Overall Scorecard and Plan for Improvement should be uploaded to the Health & Wellness folder. The last assessment uploaded was in September 2016.
2. Please check the second box in Section III to indicate the school's compliance with ensuring that the wellness policy is in compliance with state and federal mandates. - ALH 09/29/17